



Train IT Medical
Leading Your Practice Into The Digital Future

Leading Your Practice in a Digital Era

Practice Managers Conference

Launceston Thursday 19 April 2018

Katrina Otto

Train IT Medical Pty Ltd

www.trainitmedical.com.au

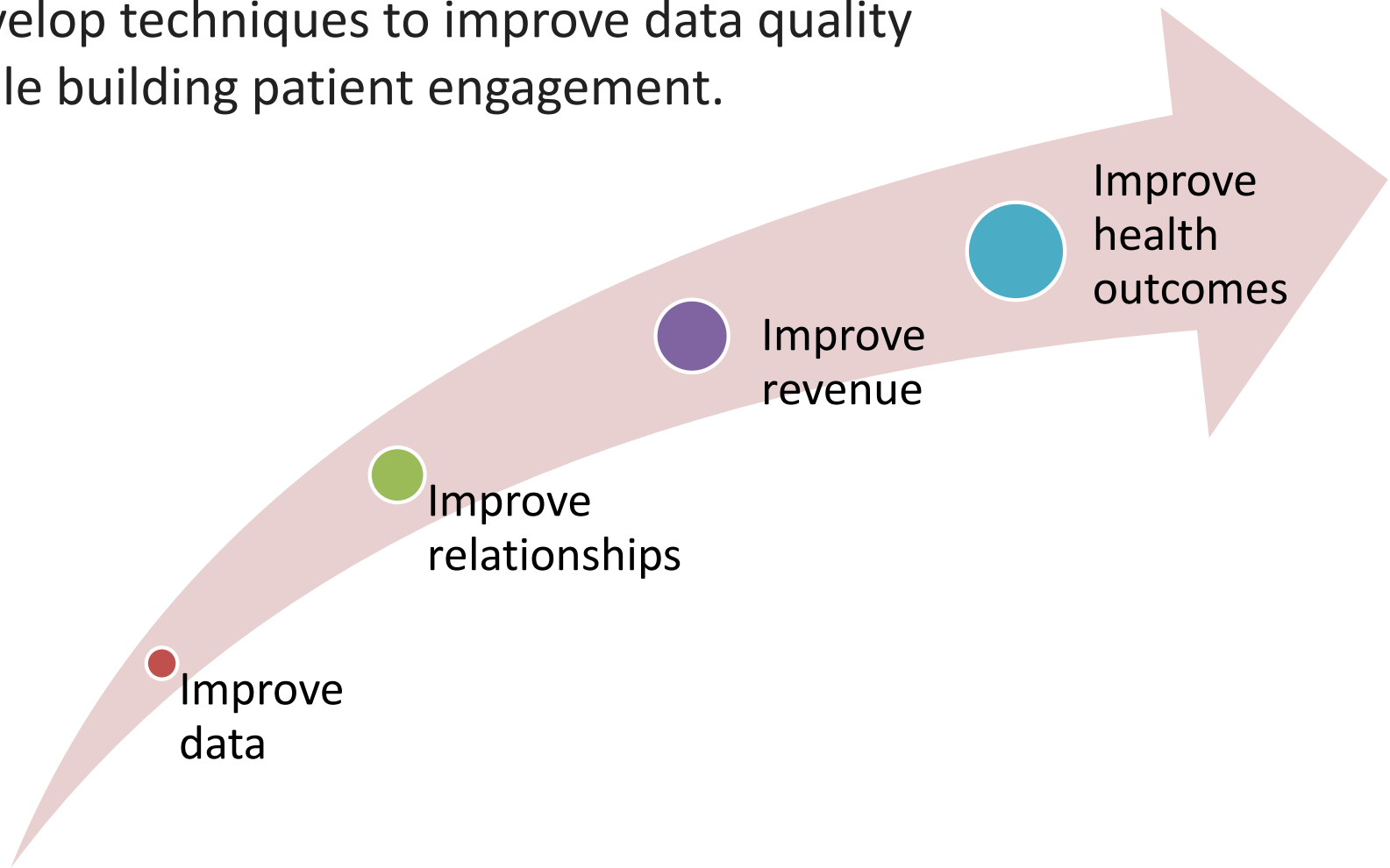
katrina@trainitmedical.com.au

Presentation 1



Our Learning Objectives:

Develop techniques to improve data quality while building patient engagement.



Do you have a 'patient-centric' or 'practice-centric' business?



Does technology & patient engagement go together?



- ✓ SMS Reminders
- ✓ Track health improvements
- ✓ Education
- ✓ Appointments
- ✓ Self-check-in
- ✓ Results

Use change as a way of engaging with your patients



www.myhealthrecord.gov.au

2018

A My Health Record for every Australian in 2018

The Australian Government announced in the [2017 Budget](#) the creation of a My Health Record for every Australian to begin nationally from mid 2018.

If you don't already have a My Health Record, a new record will be automatically created for you, unless you choose not to have one.

Can't wait for 2018 and want a [My Health Record](#) now?
[Register here](#)

Would you like more information? We can email* you about the My Health Record system, the automatic record creation process occurring in 2018 and details about what you need to do, and by when, if you do not want a record automatically created for you. Please enter your email address below:

* Your email address:

* What do we do with this [information](#)?

My Health Record Expansion Program

Care Currently		Care within a Health Care Home
My patients are those that make appointments to see me	→	Our patients are those who are registered in our Health Care Home
Patients' chief complaints or reasons for visit determines care	→	We systematically assess all our patients' health needs to plan care
Care is determined by today's problem and time available today	→	Care is determined by a proactive plan to meet health needs, with or without visits
Care varies dependent on memory and scheduled time of doctor	→	Health care providers have access to evidence-based guidelines to build the right care plan
Patients are responsible for coordinating their own care	→	A prepared team of professionals supports the coordination of a patients' care
Patients are passive recipients of care	→	Patients play an active role in making decisions about their care and are empowered to better manage their conditions
I know I deliver high quality care because I'm well trained	→	We measure our quality and make changes to improve it
It's up to the patient to tell us what happened to them	→	We track tests and consultations, and follow-up after visits to other services (e.g. ED visits or specialist appointments)
Clinic operations centre on meeting the doctors need	→	An interdisciplinary team works at the top of their professional capacity to serve patients

[RACGP Standards for Patient Centred Medical Homes](#)

Health Care Homes



[RACGP Standards for Patient Centred Medical Homes](#)

Use change as a way of leading improvements

**You won't pass accreditation
without good data & systems**



**You won't receive Practice
Incentive Payments without
evidence of improvements**



Using data to identify at-risk patients eg kidney disease

Data Cleaning

Missing Demographics Missing Clinical/Accreditation Items **Indicated CKD with no diagnosis** Indicated Diabetes with no diagnosis Indicated Mental Health with no diagnosis Indicated COPD with no diagnosis Medication Review

Indicated Reviewed

Patient List page 1 of 8 [count = 150]

Double-click a patient to open it in your clinical system (MD, BP, Zedmed) Page No. 1 Go Prev Page Next Page

Save & Remove Export

Double-click a patient to open it in your clinical system (MD, BP, Zedmed) Page No. 1 Go Prev Page Next Page

Clinical Action Plan 1-3mths 3-6mths 12mths Note: CKD Stage is calculated using the most recent eGFR and ACR.

	Surname	Firstname	DOB	Indication Date	Sex	eGFR	ACR	CKD	BSL	FBG	Smoking	Diabetes (Dx or HbA1c >= 6.5, BSL > 11.1 or FBG > 7)	Hypertension (Dx or BP > 140/90)	Obesity (BMI > 30)	CVD Dx	Indigenous and Age > 30	Assigned Provider	Confirm Condition Does Not Exist
▶	Surname	Firstname_103	24/01/1965	28/07/2015	M	90.0	3.2	Stage 1	4.6		Smoker	Y	Y				Surname_16	<input type="checkbox"/>
	Surname	Firstname_1036	24/01/1941	19/10/2016	M	59.0	1.4	Stage 3a	5.3		Ex smoker		Y		Y		Surname_3	<input type="checkbox"/>
	Surname	Firstname_1054	24/01/1935	23/02/2016	F	58.0	2.2	Stage 3a	6.0			Y	Y		Y		Surname_20	<input type="checkbox"/>
	Surname	Firstname_1075	24/01/1946	30/11/2016	M	89.0	2.7	Stage 2	7.1		Never smoked	Y	Y	Y			Surname_2	<input type="checkbox"/>
	Surname	Firstname_108	24/01/1927	18/01/2017	F	45.0	23.4	Stage 3a	11.8	5.7	Never smoked	Y	Y				Surname_20	<input type="checkbox"/>
	Surname	Firstname_1102	24/01/1936	21/09/2016	M	55.0	2.0	Stage 3a	7.0	7.0	Ex smoker	Y					Surname_2	<input type="checkbox"/>
	Surname	Firstname_111	24/01/1944	11/01/2017	M	47.0	0.5	Stage 3a	5.6	5.6	Ex smoker		Y	Y			Surname_7	<input type="checkbox"/>
	Surname	Firstname_1112	24/01/1957	12/10/2016	F	57.0	0.8	Stage 3a	5.2	5.9	Ex smoker		Y				Surname_2	<input type="checkbox"/>
	Surname	Firstname_1147	24/01/1967	07/12/2016	M	66.0	7.4	Stage 2		5.7	Smoker	Y					Surname_3	<input type="checkbox"/>
	Surname	Firstname_1156	24/01/1953	27/10/2016	M	57.0	0.4	Stage 3a	5.9		Never smoked						Surname_7	<input type="checkbox"/>
	Surname	Firstname_1224	24/01/1992	02/05/2016	M	90.0	30.8	Stage 1	14.0			Y	Y	Y			Surname_7	<input type="checkbox"/>
	Surname	Firstname_127	24/01/1954	19/01/2017	M	59.0	0.6	Stage 3a	6.4	5.2	Never smoked	Y		Y			Surname_0	<input type="checkbox"/>
	Surname	Firstname_131	24/01/1979	07/11/2016	M	90.0	1055.8	Stage 1	7.0	4.9	Smoker	Y	Y				Surname_3	<input type="checkbox"/>
	Surname	Firstname_1333	24/01/1951	10/07/2015	M	90.0	4.2	Stage 1	9.1	12.0	Never smoked	Y	Y				Surname_3	<input type="checkbox"/>
	Surname	Firstname_1444	24/01/1947	15/04/2016	M	60.3	117.6	Stage 2	5.3	6.2	Never smoked		Y				Surname_16	<input type="checkbox"/>
	Surname	Firstname_1483	24/01/1929	03/06/2016	F	52.0	1.2	Stage 3a		5.1	Never smoked						Surname_2	<input type="checkbox"/>
	Surname	Firstname_1526	24/01/1957	28/07/2016	M	88.0	5.3	Stage 2	6.4	5.7	Smoker	Y	Y	Y	Y		Surname_14	<input type="checkbox"/>
	Surname	Firstname_1541	24/01/1945	26/05/2016	F	45.0	1.5	Stage 3a	6.0		Ex smoker	Y	Y				Surname_0	<input type="checkbox"/>
	Surname	Firstname_1549	24/01/1951	04/10/2016	M	80.0	3.2	Stage 2	9.1	10.3	Ex smoker	Y	Y		Y		Surname_2	<input type="checkbox"/>
	Surname	Firstname_1563	24/01/1952	21/01/2017	M	54.0	8.1	Stage 3a	6.5		Never smoked	Y	Y	Y			Surname_20	<input type="checkbox"/>

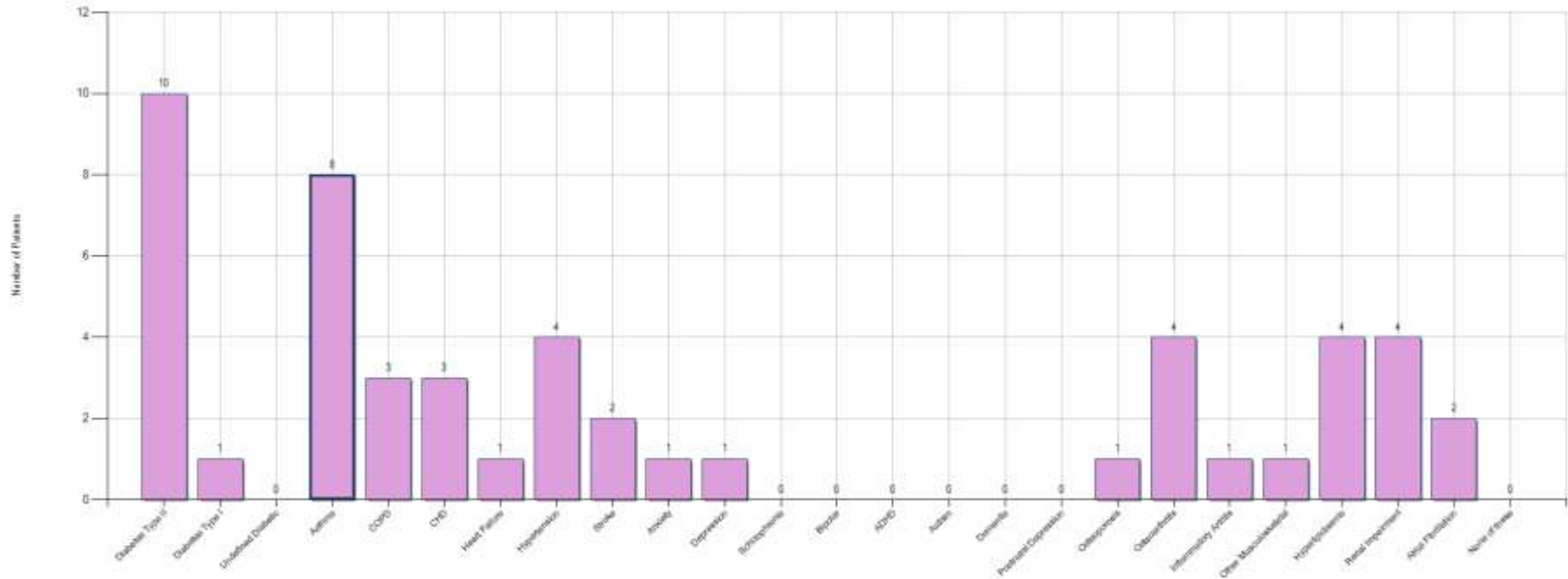
Do you know your common comorbidities?

General | Ethnicity | Conditions | Medications | Date Range (Results) | Date Range (Visits) | Patient Name | Patient Status | Pt

Chronic | Mental Health | Other

Diabetes		Respiratory	
<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<input type="checkbox"/> Type II	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Asthma	<input type="checkbox"/> No
<input type="checkbox"/> Type I	<input type="checkbox"/> No	<input type="checkbox"/> COPD	<input type="checkbox"/> No

Total Count of Disease Cases [population = 10]



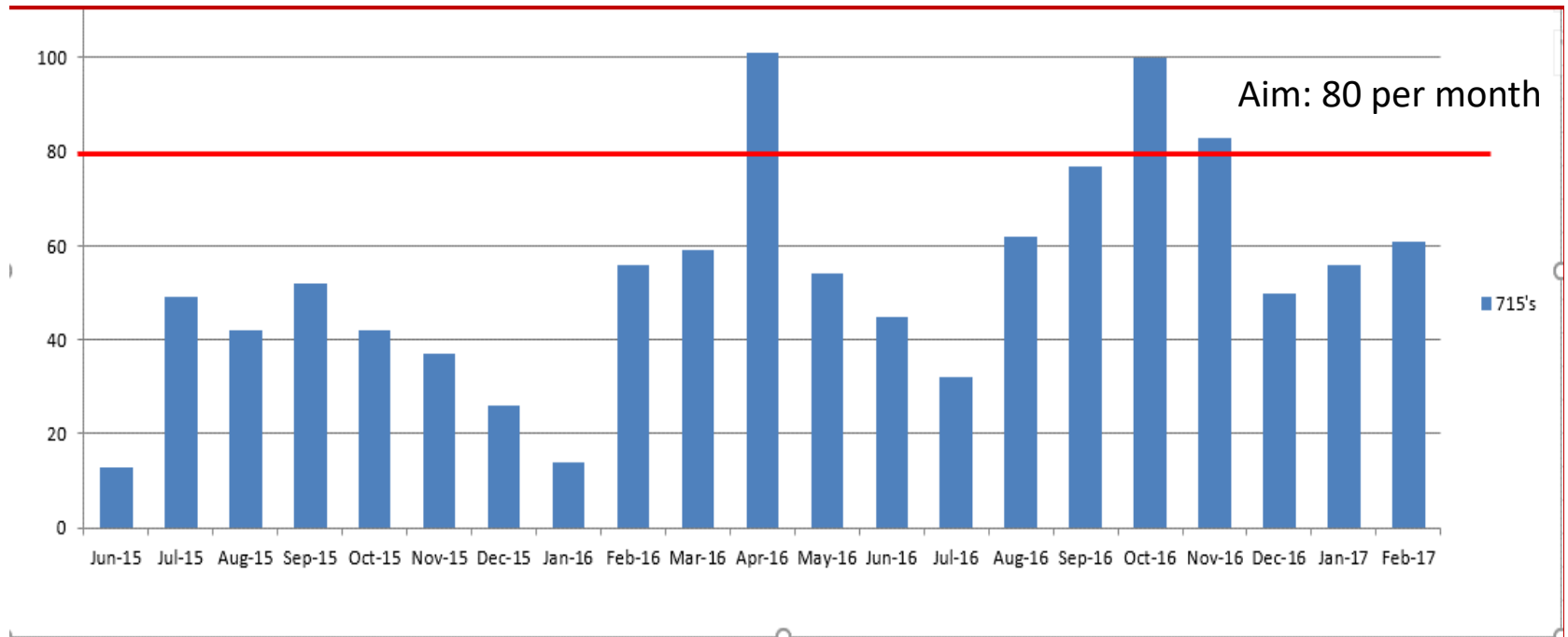
Income Estimator

Condition	MBS Item #	Description	Item price	Total Active Patients	Predicted occasions of service	Potential income
Patients >= 5 meds	900	Domicilliary Medication Management Reviews	\$154.80	446	446	\$69,040.80
Mental Health	2717	Assessment and development of GPMHTP	\$134.10	433	228	\$30,574.80
	2712	Review of GPMHTP	\$71.10		290	\$20,619.00
Diabetes	721	Preparation of GPMP	\$144.25	74	9	\$1,298.25
	723	Coordination of TCA	\$114.30		9	\$1,028.70
	732	Review of GPMP	\$72.05		62	\$4,467.10
	732	Coordinate review of TCA	\$72.05		62	\$4,467.10
CHD	721	Preparation of GPMP	\$144.25	112	13	\$1,875.25
	723	Coordination of TCA	\$114.30		13	\$1,485.90
	732	Review of GPMP	\$72.05		102	\$7,349.10
	732	Coordinate review of TCA	\$72.05		102	\$7,349.10
COPD	721	Preparation of GPMP	\$144.25	53	18	\$2,596.50
	723	Coordination of TCA	\$114.30		20	\$2,286.00
	732	Review of GPMP	\$72.05		47	\$3,386.35
	732	Coordinate review of TCA	\$72.05		47	\$3,386.35
Asthma	721	Preparation of GPMP	\$144.25	269	231	\$33,321.75
	723	Coordination of TCA	\$114.30		231	\$26,403.30
	732	Review of GPMP	\$72.05		263	\$18,949.15
	732	Coordinate review of TCA	\$72.05		263	\$18,949.15
Health Checks	705	Health check taking ≥45 mins, ≤60 mins (75+ age)	\$190.30	210	188	\$35,776.40
	705	Health check taking ≥45 mins, ≤60 mins (45-49YO)	\$190.30	186	175	\$33,302.50
	705	Health check (245 mins, ≤60 mins) (HKids Check 4YO)	\$190.30	64	28	\$5,328.40
ATSI	715	Aboriginal / TSI health check	\$212.25	7	1	\$212.25
	10987	Follow up to 715 by nurse or Aboriginal health worker	\$24.00	7	1	\$24.00

Total potential income

\$264,436.40

Set your own practice KPIs & track performance



Tips:

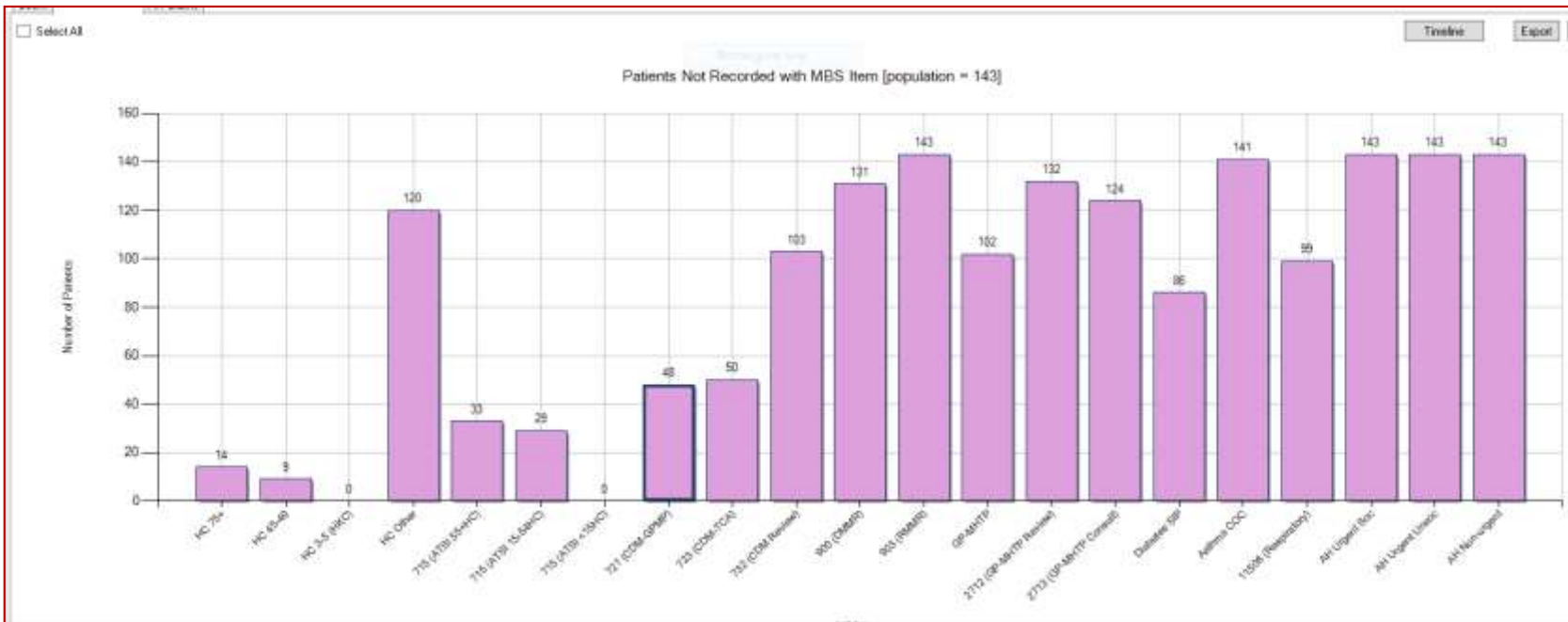


- Encourage a team effort to achieve the goals by setting a target on the graph & place graph in the staff room/noticeboard to encourage a proactive approach.
- Reward/celebrate achievements.

	Whole Practice	GP 1	GP 2	GP 3	GP 4	GP 5	GP 6	GP 7	GP 8	GP 9
1. Allergy Recorded										
Total population	13697	2488	1996	921	1718	1839	936	604	686	43
Nothing recorded	28.8%	16.4	36.5	28.1	51.2	9.4	21.5	24.3	4.1	30.2
Active population	9576	1866	1628	684	1192	1445	795	397	514	30
Nothing recorded	17.7	29.5	28.5	19.7	39.9	4.2	13.8	14.9	01.0	10.0
2. Gender not recorded										
Total population	141	28	11	13	21	6	12	5	6	0
Active population	35	5	2	3	11	2	7	0	3	0
3. Smoking – nothing recorded										
Active population over 16 (Active (3x > 2 years))	27%	15.7	63.9	60.4	76.4	11.5	44.6	41.0	21.2	39.7
4. Recording of ATSI patients										
Total population	0	0	0	1	0	0	0	0	0	0
Active population (Active (3x > 2 years))	1	0	0	1	0	0	0	0	0	0
5. Diabetes Prevalence										
Total population	3.5%	2.9	2.8	1.4	8.8	5.1	2.5	1.2	4.2	4.7
Active population (Active (3x > 2 years))	4.6%	3.8	3.2	1.9	11.7	6.2	2.9	1.8	5.5	6.7
Diabetics 65+, 8+ medications	60.9 %	61.4	74.2%	50%	77.8%	63.6%	81.3%	60%	62.5%	100%
Diabetics 65+, 5+ medications	90.9%	88.7	93.6%	83.4%	92.9%	90.8%	100%	80%	75%	100%
6. Diabetes “at risk” *										
40-49 year olds	94	5	2	3	0	12	2	1	2	0
50+ year olds	288	29	55	6	8	131	10	6	17	1

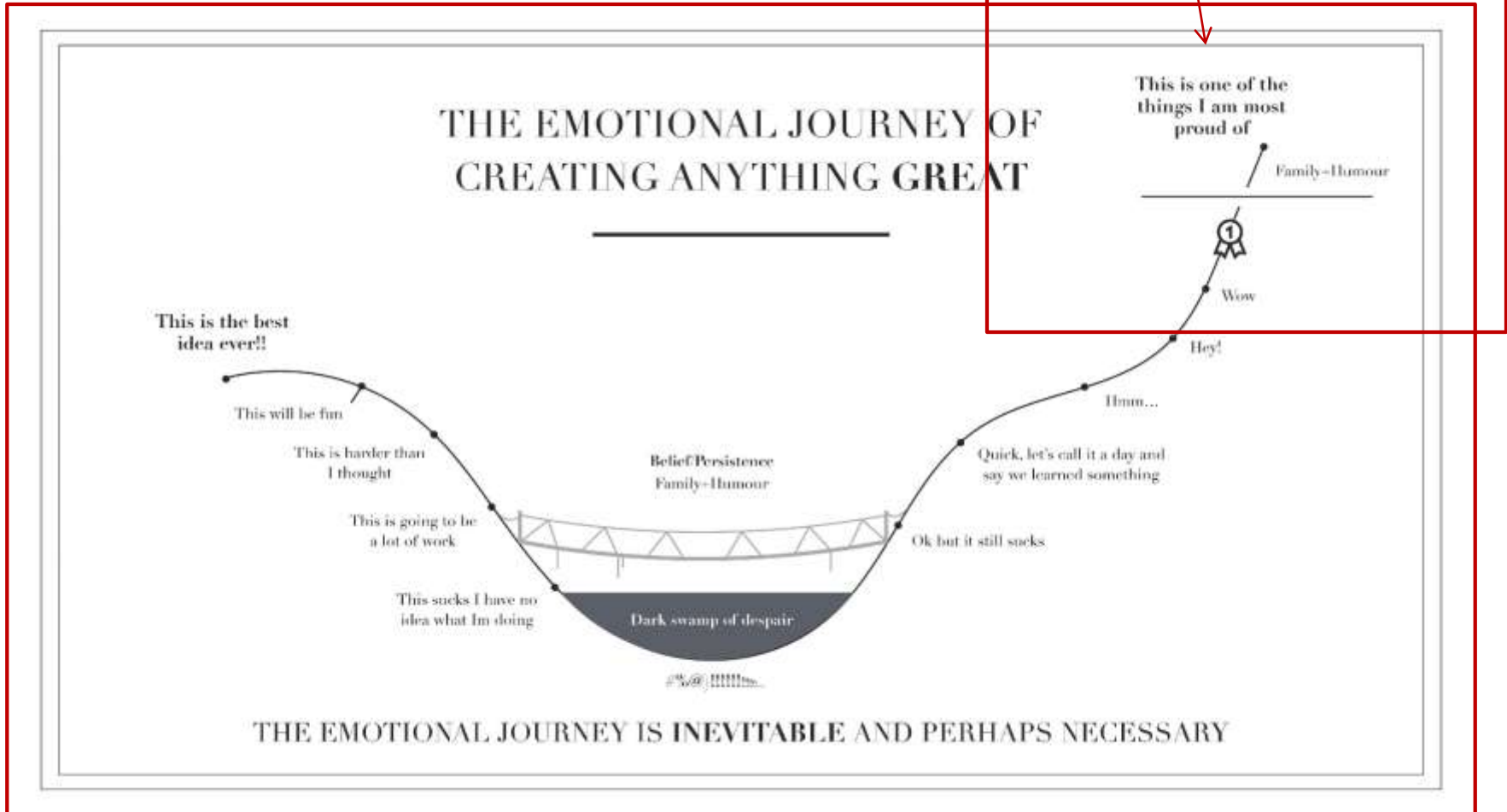
Improve Business & Improve Health Outcomes

Identify all patients with a chronic condition who would benefit from a GP Management Plan



Success!

Oh, what a feeling - celebrate!



Data Quality & Improvements



RACGP

[Using Data for Better Health Outcomes](#)

[Standards for General Practices \(5th edition\) RACGP](#)

[Standards for General Practices \(5th edition\) Resource Guide – RACGP](#)

[Standards for General Practices \(5th edition\) Patient Feedback Guide – RACGP](#)

Australian Digital Health Agency:

[Importance of Data Quality](#)

[Data Cleansing & Clinical Coding](#)

[Data Quality Checklist](#)

Train IT Medical

[Data Aggregation using Pen Clinical Audit Tools](#) (blog)

[Cancer Screening & Prevention – Free Resources](#) (blog)

[5 Steps to Data Quality Success](#) (blog)

[Pen CAT4 summary sheet](#)

Pen Clinical Systems

[CAT4 Recipes](#)

My Health Record:



Australian Digital Health Agency:

www.digitalhealth.gov.au

[Get Started](#)

[On Demand Training \(practise in the sandpit\)](#)

[Training Resources](#)

www.myhealthrecord.gov.au

Pathology

['NSW patients first to view their pathology results in My Health Record'](#)

Train IT Medical:

[Digital Health Free Resources including Pen CAT4](#)

[Developing a 'My Health Record' Practice Workflow \(blog\)](#)

[My Health Record – your questions answered \(blog\)](#)

[Top 30 questions doctors ask about My Health Record with Katrina's responses \(blog\)](#)

[Event Summaries \(blog\)](#)

[Katrina Otto's 'My Health Record' detailed presentation](#)

Further Information – Health Care Homes



[RACGP Standards for Patient-Centred Medical Homes](#)

['5 ways team-based care changes the role of GPs' Dr Kevin Cheng in Medical Observer.](#)

['Why we should consider patient registration and capitation' Dr Liz Sturgiss in Medical Observer.](#)

['From good to great: the potential for the Health Care Home model to improve primary health care quality in New Zealand.' CSIRO Publishing](#)

Pulse IT article ['Health Care Homes practices given a year to use compliant software'](#)

Australian Association of Practice Managers (AAPM): [AAPM Guidance for Health Care Homes](#)

[Health Care Homes WIKI](#)

[Dept of Health Recorded Webinar: Becoming a Health Care Home \(11/2016\)](#)

[Health Care Homes FAQs](#)

Thanks for inviting me

Katrina Otto

katrina@trainitmedical.com.au

Twitter: trainitmedical

Facebook: trainitmedical

www.trainitmedical.com.au/presentations

to download a digital version of this presentation & access more free practice resources & blog posts

